

Services Brochure

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Introduction

Welcome to co-coach®. A professional service for football coaches and educators providing coach coaching & mentoring support, careers advice, consultation, and engaging Continuous Professional Development (CPD) services. We offer personalised, bespoke services to coaches & educators of all levels, and recognise the need for greater support once coaches complete national governing body qualifications. Blending experiences within professional coaching and education together, we believe we're able to foster and nurture growth, navigate decisions, and provide exceptional support for our clients.

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Ben Pinnington Founder of co-coach®

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Mission

Our mission is to provide exceptional personalised support for coaches and educators. We aim to provide holistic support which empowers our clients to reach their full potential. 'co-coach' exists to provide unique learning opportunities for coaches of all levels, particularly those pre, during, post, or between National Governing Body (NGB) qualifications.

Mission and Vision

Vision

Our vision at 'co-coach' is to redefine the landscape of football coach & club support by creating a world where every individual is equipped with the skills, support, and resilience needed to succeed. We want to be a leading coach mentoring & coach development service in the UK bridging the gap between grassroots and elite football. We recognise the importance and necessity for closer and more frequent support for coaches in football, and see 'co-coach' as a go-to service serving individuals, coaches, **4** clubs, and organisations holistically.

Our Services

Mentoring & Coaching

'co-coach' offers tailored coaching and mentoring using proven frameworks to enhance your coaching skills, navigate career transitions, and improve personal wellbeing. With expert guidance and a focus on development, our services empower you to thrive both on and off the pitch. Invest in your growth and elevate your coaching journey with Co-Coach.

Careers Advice

Our careers advice service empowers you to take control of your career with tailored guidance and proven frameworks. Whether you're advancing within football or exploring new opportunities, we help you identify your strengths, set clear goals, and make confident, informed decisions. Unlock your potential and shape your future with Co-Coach.

OPD Delivery

We place significant importance of offering effective, engaging, and enthusiastic Continuous Professional Development (CPD) delivery. That's why we provide innovative, fun, tailored, and captivating workshops for clubs & organisations. We believe CPD is at the heart of inspiring individuals to achieve greater things. 2025

Our Approach



Understanding Your Needs Creative Execution Professionalism

Continuous Improvement

Our Approach

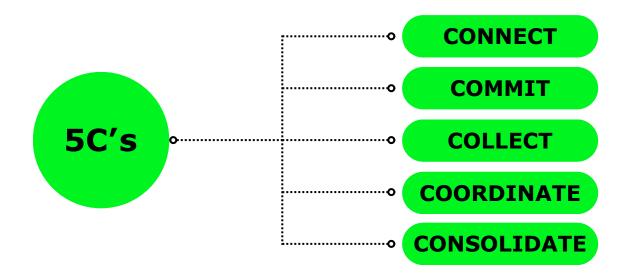
INTENT

We don't like boring! It is our intention to ensure that our clients are engaged in activities through all our services. We've all sat through monotonous "training" involving hours upon hours of sitting & listening. We don't believe in that approach and believe we'll get the best out of our clients if we get them 'doing' instead.

IMPLEMENTATION

We deliver our sessions using structured frameworks tried and testing in professional teaching & coaching practice. This ensures that our clients receive a sequential session or programme ensuring that they are able to clearly track, monitor and review progress.

Within our Continuous Professional Development (CPD) delivery, we use our bespoke 5 C's learning framework to maximise engagement and learning opportunities.



IMPACT

We want our clients to leave with our sessions feeling empowered through a memorable, enjoyable learning experience and developing a love for learning. We aim to ensure our clients are able to take new information away to practice and apply to their environments, feel supported outside of National Governing Body organisations, and leave a legacy of positive improvement amongst groups. Ultimately, we want better support to create better coaches.

Expertise

📀 Ben Pinnington



With over a decade of experience in football coaching, education, and mentoring, I bring a unique blend of expertise, passion, and practical insight to help coaches and clubs thrive. As a UEFA A Licensed Coach and a Level 3 Careers Advisor, I've worked across professional academies, grassroots football, and education, equipping me with a deep understanding of the challenges and opportunities within the game, education, and society as a whole.

I founded co-coach to provide tailored support for coaches, clubs, and organisations. From mentoring and CPD delivery to careers advice and consultancy, I specialise in creating solutions that empower others to succeed. My ability to connect with people, combined with my strategic approach, ensures that every client gains the tools and confidence to progress. I use tried and tested innovative teaching methods to engage my clients in our services to inspire growth, enhance skills, and deliver tangible results that make a lasting impact on their coaching journey.

Whether you're a coach aiming to elevate your career or an organisation looking to optimise performance, my mission is simple: to help you achieve your goals.



UEFA 'A' Licensed coach



PGCE Further Education



Level 3 qualified careers advisor



Experience within professional clubs



Fully insured & compliant



Holistic approaches backed by research

Pricing Options

FREE INITIAL CONSULTATION

Perfect for getting to know each other to find out how co-coach can help you.

FREE

- Online via Zoom
- 30 minutes
- No cost involved
- Discuss how we can help you with coaching & mentoring, CPD & workshop delivery, careers advice, and consultancy.

SINGLE MENTORING & COACHING SESSION

Perfect for testing our service, or getting some quick feedback or support.

From £30

- Up to 2 hours in duration
- Live & follow-up feedback
- Personalised service tailored to you.
- Face to face or online via Zoom
- Technical, Tactical, & Behavioural support
- Evenings & weekends only.

MENTORING & DEVELOPMENT ACCELERATOR PACKAGE

Tailored for individuals seeking longer term support using our personalised coach mentoring frameworks.

£280

- X6 sessions spread across 3 months.
- Flexible booking.
- 1 hour sessions.
- Goal setting & progress reviews.
- Bespoke action plans for career clarity, skill enhancement, or improved coaching performance.

CAREERS ADVICE SINGLE SESSION

A great opportunity to tell us what it is you want to know!

£20

- Online via Zoom
- 30 minute session with flexible booking
- Structured frameworks embedded
- Goal setting & action planning
- Exploring how we can help you.
- Available for all levels of coaches.

CAREERS ADVICE -ACCELERATOR PACKAGE

For those committed to growth over 6 weeks. This package promises a comprehensive mechanism of support.

CONTINUOUS PROFESSIONAL DEVELOPMENT (CPD) DELIVERY

Tailored for clubs or organisations to meet their audiences' needs. Not just for football, either!

£100

- x6 sessions of 1 hour
- A different focus for each session.
- Goal setting, progress reviews, CV & Application reviews, careers advice, interview preparation, etc.
- High challenge, high support approach
- Build habits, a personal brand & portfolio
- Networking & events signposting

Discussed upon inquiry

- Professionally planned & delivered
- Technology and active learning embedded.
- No more 'sit & listen' CPD! Practical tools embedded.
- Take advantage of our bespoke 5C's delivery framework.
- Captivating, engaging and interactive learning.

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If you feel we can help you, your club or organisation in any other way, then we'd love to know!

Contact us at:

co-coach@hotmail.co.uk or visit our website: www.co-coachpro.co.uk

Contact Us



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COACH - PLAYER - ENVIRONMENT - GAME

